

THE **UMBRELLA** GROUP

*UMB Roundtable on Empowerment in Leadership
and Leveraging Aspirations*

UMBrella Coaching Program Cohort 5 Closing Ceremony and All-Cohorts Reunion

APRIL 20, 2023

Noon to 1:30 p.m.
SMC Campus Center



UNIVERSITY
of MARYLAND
BALTIMORE





Dear Cohort 5:

Congratulations on completing UMBrella's Coaching Program! You made an important decision to take charge of your career by participating in this program. I imagine that the past two years of working virtually through the pandemic prepared you for a virtual coaching experience, and I feel confident that you made new connections with other women on campus and perhaps strengthened existing bonds as well.

This eight-month program delved into important topics that are crucial to your professional development. I encourage you to apply the new concepts, strategies, and skills you learned — from your coach and from your colleagues in your cohort — to make meaningful changes in your personal and professional life.

You are now part of UMBrella's network of five cohorts of coaching programs and hundreds of women across UMB who have participated in UMBrella's programming over the past seven years. I hope that you will stay in touch with your coaching cohort for support and encouragement as you progress in your career at UMB.

And I hope you will encourage your friends and colleagues to apply for the next cohort of the UMBrella Coaching Program. I look forward to seeing you at future UMBrella events!

Stay strong and be well,

A handwritten signature in black ink that reads "Jennifer".

Jennifer B. Litchman, MA
Senior Vice President for External Relations
Founder and Chair, UMBrella



**YOLANDA OGBOLU, PhD,
CRNP-NEONATAL, FNAP, FAAN**

Associate Professor and Chair, Partnerships, Professional Education, and Practice, and Co-Director, Center for Health Equity and Outcomes Research, School of Nursing

Yolanda Ogbolu, associate professor and chair of Partnerships, Professional Education, and Practice, University of Maryland School of Nursing (UMSON), has extensive experience as a neonatal nurse practitioner. She also co-directs both the Center for Health Equity and Outcomes Research and the Global Learning to Advance Health Equity Network. She has a joint appointment in the University of Maryland School of Medicine and previously served as director of global health for UMSON.

Ogbolu's research and scholarship focus on advancing health equity locally and globally. Projects center on strengthening global health systems and nursing capacity, providing culturally and linguistically appropriate care, and addressing social isolation and social determinants of health in marginalized communities. Funded by the Robert Wood Johnson Foundation for two global learning for health equity projects, she is translating a social inclusion program from Brazil to Baltimore and developing a network of global learning to advance health equity with colleagues from Detroit, New York, Navajo Nation of the Southwest, and Athens, Ohio.

Engaged in policy advocacy, Ogbolu also leads a state-mandated task force on social determinants of health in Baltimore and serves on task forces to reduce disparities in newborn outcomes and improve delivery of culturally and linguistically appropriate care.

Ogbolu's honors include being named the 2022 University of Maryland, Baltimore (UMB) Public Servant of the Year.

A fellow of the National Academies of Practice and American Academy of Nursing, she earned her BSN, MS, and PhD from UMB. The native of Baltimore is a wife and mother of four.

Welcome

Cherita Adams, MBA, MS

Assistant Dean, Administration and Strategic Initiatives, School of Social Work

Opening Remarks and Introduction of Keynote Speaker

Jennifer Litchman, MA

Senior Vice President for External Relations, UMB, and Founder and Chair, UMBrella

Keynote Address

Yolanda Ogbolu, PhD, CRNP-Neonatal, FNAP, FAAN

Associate Professor and Chair, Partnerships, Professional Education, and Practice, and Co-Director, Center for Health Equity and Outcomes Research, School of Nursing

Program Reflection Introductions

Paulette Harris-Gross, MS

Program Manager, Office of the President

Elisa Medina, LCSW-C, ACC

Career Development Manager, Human Resource Services

Program Reflections

Tiffany R. Buckley, PharmD, BCPS, BCPP

Cohort 5 Participant

Advanced Practice Psychiatric Pharmacist, Graduate Faculty, MS in Medical Cannabis Science and Therapeutics, School of Pharmacy

Jill Sullivan

Cohort 2 Participant

Program Specialist, Office of Continuing Education, School of Pharmacy

Cherokee Layson-Wolf, PharmD, BCACP, FAPhA

Coach for Cohorts 3, 4, and 5

Associate Professor, Department of Pharmacy Practice and Science, and Associate Dean of Student Affairs, School of Pharmacy

Closing Remarks

Shannon Tucker, MS, CPHIMS

Coach for Cohorts 2, 3, 4, and 5

Assistant Dean of Instructional Design and Technology, School of Pharmacy

COACHES

Kristina Alayan, JD, MLIS*

Associate Professor and Associate Dean for Library and Technology, Francis King Carey School of Law

Patty Alvarez, PhD*

Chief Student Affairs Officer and Associate Vice President of Student Affairs, UMB

Vanessa Carroll, MS*

Special Assistant to the Dean, School of Dentistry

Crystal Edwards, JD, MA*

Assistant Dean for Academic Affairs, Francis King Carey School of Law

Cherokee Layson-Wolf, PharmD, BCACP, FAPhA*

Associate Professor and Associate Dean of Student Affairs, School of Pharmacy

Jenny Owens, ScD, MS

Assistant Dean, Graduate School, and Faculty Executive Director, the Grid

Nicole Palmore, MSW

Executive Director of Diversity, Equity, and Inclusion, Administration and Finance, UMB

Isabel Rambob, DDS*

Clinical Assistant Professor, School of Dentistry

Robertha Simpson, MBA

Director, Office of Faculty Affairs and Professional Development, School of Medicine

Sheryl Syme, RDH, MS

Associate Professor and Director, Dental Hygiene Programs, School of Dentistry

Shannon Tucker, MS, CPHIMS*

Assistant Dean of Instructional Design and Technology, School of Pharmacy

Niya Werts, PhD, MIS, MS*

Program Director, MS in Health Science, Graduate School

**Member of the UMBrella Advisory Board*

COHORT 5 PARTICIPANTS

Emily Ames-Messinger, MSW, MAT

*Assistant Director for the
Intensive Climate Cohort
School of Social Work*

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*Social Worker
School of Medicine*

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*Lab Research Specialist
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*Scheduling Program Specialist
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Graduate School*

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*Data Management Librarian
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*Nurse Clinical Manager
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*Associate Professor
School of Medicine*

Fiama Romero

*Program Management Specialist
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*Advanced Practice Pharmacist
School of Pharmacy*

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CRNP, CNOR, RNFA**

*Nurse Practitioner
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*Program Specialist
School of Pharmacy*

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UM Faculty Physicians, Inc.*

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*Director of Business Operations
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Karen Underwood, MS

*Quality Improvement and
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*Contracts and Grants Specialist
School of Medicine*

Christina Walker, MS

*Budget Analyst
School of Medicine*

Sequoia Wright, MPH, MA

*Senior STEM Curriculum
Coordinator
School of Medicine*

PROGRAM REFLECTIONS



“Before joining the UMBrella Coaching Program, I was looking for opportunities to become engaged beyond my school. I realized, shortly after joining the second cohort, how much I needed to learn about my personal and professional abilities. In retrospect, what I really wanted but had not fully identified was solid career advice and a better understanding of how to advance myself here at UMB. UMBrella provided me with this and more. I met women at many levels from across the campus. I benefited from the self-examination we were asked to engage in. I formulated career goals, and I found a fantastic role model and coach in Jennifer Litchman, MA, senior vice president for external relations and founder and chair of UMBrella. The tools this program provided us are universal for knowing oneself and improving our careers. With hard work and accountability from the group, I reached my UMBrella goal in summer 2022.”

— **Jill Sullivan**

Cohort 2 Participant

*Program Specialist, Office of Continuing Education,
School of Pharmacy*



“The UMBrella Coaching Program exceeded my wildest dreams. I learned the tools needed to thrive at UMB including how to advocate for myself, form a personal board of advisors, network, and combat imposter syndrome. I connected with many phenomenal women from different departments that I would not have met without the program. I loved having a safe space to express my concerns and learn from other women at different phases in their careers. Now I feel confident that I can achieve my goals!”

— **Tiffany R. Buckley, PharmD, BCPS, BCPP**

Cohort 5 Participant

*Advanced Practice Psychiatric Pharmacist, Graduate Faculty,
MS in Medical Cannabis Science and Therapeutics,
School of Pharmacy*



“It is an honor to serve as an UMBrella coach. The opportunity to make connections with women across the campus and the network of support we build together beyond just the coaching year is remarkable. I learn just as much from our groups as we are able to share with them, and they leave me inspired after every session.”

— **Cherokee Layson-Wolf, PharmD, BCACP, FAPhA**

Coach for Cohorts 3, 4, and 5

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and Science, and Associate Dean of Student Affairs,
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Amplify your voice.
Become empowered.
Achieve your potential.



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